



NUTRITION CONSULTATIONS

There are two different fee structures available for Nutrition Consultations. There is the discounted option of a 6 Week or 6 Month Plan or you can pay per appointment.

PLANS

	Inclusions	Fee
6 Week Plan	<ul style="list-style-type: none"> • Initial Consultation – 60 mins • Dietary Analysis & Report • 6 Week Nutrition Plan • Weekly reviews for the 6 weeks either in person, by phone or by skype – 30 mins • Final reassessment – 60 mins 	\$260
6 Month Plan	<ul style="list-style-type: none"> • Initial Consultation • Dietary Analysis & Report • Ongoing Nutrition Plans for 6 months • Unlimited reviews (minimum of 11) either in person, by phone or by skype – 30 mins • Final reassessment – 60mins 	\$420

INDIVIDUAL APPOINTMENTS

	Fee
Initial Consultation – 60mins	\$60
Dietary Analysis, Report & Nutrition Plan (completed in Nutritionist's own time)	\$60
Review - 30 mins	\$30

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